

Lundi , 06.11

09:10 - 10:05

Yoga
Chiara

18:15 - 19:00

Step Aerobic
Dario

19:15 - 20:10

Pump
Noy

Mardi , 07.11

09:10 - 10:05

Power Yoga
Alla

18:00 - 18:55

Power Yoga
Katrin

Mercredi , 08.11

12:15 - 12:45

Upcon
Debi

19:00 - 19:55

BBP (Bauch, Beine, Po) /
Bodytone
Dario

Jeudi , 09.11

09:10 - 10:05

BBP (Bauch, Beine, Po) /
Bodytone
Silvana

18:15 - 19:10

Pump
Silvana

19:20 - 20:15

Power Yoga
Silvana

Vendredi , 10.11

Samedi , 11.11

Dimanche , 12.11