

Lundi , 12.06

09:10 - 10:05

Pilates
Barbara

12:15 - 12:45

Pump i.t.
Yvonne

18:00 - 18:55

Zumba
Tanja

19:15 - 20:10

Pump
Tanja

Mardi , 13.06

09:10 - 10:05

Power Yoga
Alla

12:15 - 12:45

Simply Core
Bettina

18:00 - 18:55

Power Yoga
Camille

Mercredi , 14.06

12:15 - 12:45

Upcon
Bettina

19:00 - 19:55

BBP (Bauch, Beine, Po) /
Bodytone
Dario

Jeudi , 15.06

09:10 - 10:05

BBP (Bauch, Beine, Po) /
Bodytone
Silvana

18:15 - 19:10

Pump
Silvana

19:20 - 20:15

Power Yoga
Silvana

Vendredi , 16.06

Samedi , 17.06

09:10 - 10:05

Upcon
Bettina

Dimanche , 18.06