

Lundi , 28.11

16:15 - 17:10

Pilates
Caroline

19:45 - 20:40

Functional Workout
Johana

Mardi , 29.11

08:30 - 09:25

Functional Yoga
Johana

18:45 - 19:40

Toning / Pilates
Martina

Mercredi , 30.11

10:05 - 11:00

Pilates
Caroline

18:45 - 19:40

Pump
Martina

20:00 - 20:55

Deep Stretch
Andreina

Jeudi , 01.12

07:00 - 07:55

Yoga
Andreina

18:30 - 19:25

Yoga
Nina

Vendredi , 02.12

Samedi , 03.12

Dimanche , 04.12