

Lundi , 19.09

16:15 - 17:10

Pilates
Johana

18:45 - 19:40

Pump
Max

20:00 - 20:55

Functional Workout
Max

Mardi , 20.09

08:15 - 09:10

Functional Yoga
Johana

18:45 - 19:40

Toning / Pilates
Johana

Mercredi , 21.09

10:05 - 11:00

Pilates
Nina

18:45 - 19:40

Pump
Martina

20:00 - 20:55

Deep Stretch
Johana

Jeudi , 22.09

18:30 - 19:25

Yoga
Selina

Vendredi , 23.09

Samedi , 24.09

Dimanche , 25.09