

Lundi , 12.09

16:15 - 17:10

Pilates
Caroline

Mardi , 13.09

08:15 - 09:10

Functional Yoga
Johana

18:45 - 19:40

Toning / Pilates
Caroline

Mercredi , 14.09

10:05 - 11:00

Pilates
Caroline

18:45 - 19:40

Pump
Martina

20:00 - 20:55

Deep Stretch
Andreina

Jeudi , 15.09

Vendredi , 16.09

07:00 - 07:55

Yoga
Andreina

Samedi , 17.09

Dimanche , 18.09