

Lundi , 04.08

09:00 - 09:55

*BBP (Bauch,
Beine, Po) /
Bodytone*
Alexandra

10:00 - 10:55

Yoga
Monika

12:15 - 12:45

P.I.I.T
Linda

18:00 - 18:55

*BBP (Bauch,
Beine, Po) /
Bodytone*
Claudia

19:00 - 19:55

Zumba
Andrea

20:00 - 20:55

Power Yoga
Beatrice

Mardi , 05.08

09:00 - 09:55

Zumba Gold
Petra

10:00 - 10:55

Power Yoga
Michaela

17:25 - 17:55

P.I.I.T
Angela

18:00 - 18:55

Kick Power
Nicole

19:00 - 19:55

Pump
Larissa

Mercredi , 06.08

10:05 - 11:00

Rückengymnastik
Nicola

12:15 - 12:45

Simply Core
Raphael

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Katja

Jeudi , 07.08

09:30 - 10:25

Pilates
Sara

18:00 - 18:55

Pump
Nicole

19:05 - 20:00

Fitboxe
Andrej

Vendredi , 08.08

09:00 - 09:55

Rückengymnastik
Nicola

10:00 - 10:55

Yoga
Asal

12:15 - 13:10

Pump
Sandra

19:00 - 19:55

Pilates
Eva

Samedi , 09.08

09:30 - 10:25

Yoga
Beatrice

Dimanche , 10.08

09:30 - 10:25

Pump
Team