

Lundi , 14.04

09:00 - 09:55

BBP (Bauch, Beine, Po) / Bodytone
Alexandra

10:00 - 10:55

Yoga
Alexandra

12:15 - 12:45

P.I.I.T
Linda

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Kerstin

19:00 - 19:55

Zumba
Andrea

20:00 - 20:55

Power Yoga
Beatrice

Mardi , 15.04

09:00 - 09:55

Zumba Gold
Petra

10:00 - 10:55

Power Yoga
Lisa

17:25 - 17:55

P.I.I.T
Angela

18:00 - 18:55

Kick Power
Nicole

19:00 - 19:55

Pump
Larissa

Mercredi , 16.04

09:00 - 09:55

Cycling
Alexandra

10:05 - 11:00

Rückengymnastik
Alexandra

12:15 - 12:45

Simply Core
Raphael

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Katja

Jeudi , 17.04

06:15 - 07:10

Pilates
Sandra

09:30 - 10:25

Yoga
Liliya

18:00 - 18:55

Pump
Nicole

19:05 - 20:00

Fitboxe
Andrej

Vendredi , 18.04

Samedi , 19.04

09:30 - 10:25

Yoga
Beatrice

Dimanche , 20.04