

Lundi , 03.03

09:00 - 09:55

BBP (Bauch, Beine, Po) / Bodytone
 Alexandra

10:00 - 10:55

Yoga
 Alexandra

12:15 - 12:45

P.I.I.T
 Linda

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
 Linda

19:00 - 19:55

Zumba
 Andrea

20:00 - 20:55

Power Yoga
 Beatrice

Mardi , 04.03

09:00 - 09:55

Zumba Gold
 Petra

10:00 - 10:55

Power Yoga
 Michaela

17:25 - 17:55

P.I.I.T
 Angela

18:00 - 18:55

Kick Power
 Angela

19:00 - 19:55

Pump
 Larissa

Mercredi , 05.03

09:00 - 09:55

Cycling
 Alexandra

10:05 - 11:00

Rückengymnastik
 Alexandra

12:15 - 12:45

Simply Core
 Raphael

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
 Linda

19:15 - 20:10

Cycling
 Julia

Jeudi , 06.03

06:15 - 07:10

Pilates
 Sandra

09:30 - 10:25

Yoga
 Liliya

18:00 - 18:55

Pump
 Sandra

19:05 - 20:00

Fitboxe
 Andrej

Vendredi , 07.03

09:00 - 09:55

Rückengymnastik
 Nicola

10:00 - 10:55

Yoga
 Liliya

12:15 - 13:10

Pump
 Sandra

17:45 - 18:40

Cycling
 Franz

19:00 - 19:55

Pilates
 Eva

Samedi , 08.03

09:30 - 10:25

Yoga
 Michaela

Dimanche , 09.03

08:55 - 09:25

P.I.I.T
 Linda

09:30 - 10:25

Pump
 Linda