

Lundi , 21.08

09:00 - 09:55

*BBP (Bauch,
Beine, Po) /
Bodytone*

Alexandra

10:00 - 10:55

Yoga
Alexandra

12:15 - 12:45

P.I.I.T
Désirée

18:00 - 18:55

*BBP (Bauch,
Beine, Po) /
Bodytone*
Claudia

19:00 - 19:55

Zumba
Andrea

20:00 - 20:55

Power Yoga
Beatrice

Mardi , 22.08

09:00 - 09:55

Zumba Gold
Petra

10:00 - 10:55

Power Yoga
Michaela

17:25 - 17:55

P.I.I.T
Linda

18:00 - 18:55

Kick Power
Nicole

19:00 - 19:55

Pump
Sandra

Mercredi , 23.08

10:05 - 11:00

Rückengymnastik
Alexandra

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Katja

19:15 - 20:10

Cycling
Julia

Jeudi , 24.08

06:30 - 07:25

Yoga
Anna Katharina

09:30 - 10:25

Pilates
Sara

18:00 - 18:55

Pump
Nicole

19:05 - 20:00

Fitboxe
Nicole

Vendredi , 25.08

09:00 - 09:55

Rückengymnastik
Nicola

10:00 - 10:55

Yoga
Asal

12:05 - 13:00

Pump
Sandra

19:00 - 19:55

Pilates
Eva

Samedi , 26.08

09:30 - 10:25

Yoga
Michaela

Dimanche , 27.08

08:55 - 09:25

P.I.I.T
Sandra

09:30 - 10:25

Pump
Sandra