

Lundi , 07.08

09:00 - 09:55

BBP (Bauch, Beine, Po) / Bodytone
Alexandra

10:00 - 10:55

Yoga
Alexandra

12:15 - 12:45

P.I.I.T
Linda

19:00 - 19:55

Zumba
Andrea

20:00 - 20:55

Power Yoga
Beatrice

Mardi , 08.08

10:00 - 10:55

Power Yoga
Michaela

17:25 - 17:55

P.I.I.T
Linda

18:00 - 18:55

Kick Power
Nicole

19:00 - 19:55

Pump
Sandra

Mercredi , 09.08

10:05 - 11:00

Rückengymnastik
Alexandra

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Katja

Jeudi , 10.08

06:30 - 07:25

Yoga
Anna Katharina

09:30 - 10:25

Pilates
Nicola

18:00 - 18:55

Pump
Nicole

19:05 - 20:00

Fitboxe
Nicole

Vendredi , 11.08

12:05 - 13:00

Pump
Sandra

Samedi , 12.08

09:30 - 10:25

Yoga
Alexandra

Dimanche , 13.08