

Lundi , 19.06

09:00 - 09:55

BBP (Bauch, Beine, Po) / Bodytone
Alexandra

10:00 - 10:55

Yoga
Alexandra

12:15 - 12:45

P.I.I.T
Linda

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Claudia

19:00 - 19:55

Zumba
Andrea

20:00 - 20:55

Power Yoga
Nadine

Mardi , 20.06

09:00 - 09:55

Zumba Gold
Leidy

10:00 - 10:55

Power Yoga
Michaela

17:25 - 17:55

P.I.I.T
Linda

18:00 - 18:55

Kick Power
Nicole

19:00 - 19:55

Pump
Sandra

Mercredi , 21.06

09:30 - 10:00

Senioren Cycling
Alexandra

10:05 - 11:00

Rückengymnastik
Alexandra

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Katja

19:15 - 20:10

Cycling
Julia

Jeudi , 22.06

06:30 - 07:25

Yoga
Nina

09:30 - 10:25

Pilates
Eva

18:00 - 18:55

Pump
Nicole

19:05 - 20:00

Fitboxe
Andrej

Vendredi , 23.06

10:00 - 10:55

Rückengymnastik
Nicola

12:05 - 13:00

Pump
Claudia

19:00 - 19:55

Pilates
Monika

Samedi , 24.06

09:30 - 10:25

Yoga
Seraina

Dimanche , 25.06

09:30 - 10:25

Pump
Nicole