

Lundi , 12.06

09:00 - 09:55

*BBP (Bauch,
Beine, Po) /
Bodytone*

Alexandra

10:00 - 10:55

Yoga

Alexandra

12:15 - 12:45

P.I.I.T

Linda

18:00 - 18:55

*BBP (Bauch,
Beine, Po) /
Bodytone*

Claudia

19:00 - 19:55

Zumba

Andrea

20:00 - 20:55

Power Yoga

Beatrice

Mardi , 13.06

09:00 - 09:55

Zumba Gold

Leidy

10:00 - 10:55

Power Yoga

Michaela

17:25 - 17:55

P.I.I.T

Linda

18:00 - 18:55

Kick Power

Nicole

19:00 - 19:55

Pump

Sandra

Mercredi , 14.06

10:05 - 11:00

Rückengymnastik

Alexandra

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*

Katja

19:15 - 20:10

Cycling

Julia

Jeudi , 15.06

06:30 - 07:25

Yoga

Nina

09:30 - 10:25

Pilates

Eva

18:00 - 18:55

Pump

Nicole

19:05 - 20:00

Fitboxe

Andrej

Vendredi , 16.06

10:00 - 10:55

Rückengymnastik

Liz

12:05 - 13:00

Pump

Nicole

19:00 - 19:55

Pilates

Eva

Samedi , 17.06

09:30 - 10:25

Yoga

Beatrice

Dimanche , 18.06

09:30 - 10:25

Pump

Sandra