

Lundi , 29.05

Mardi , 30.05

**09:00 - 09:55**

*Zumba Gold*  
Leidy

**10:00 - 10:55**

*Power Yoga*  
Michaela

**17:25 - 17:55**

*P.I.I.T*  
Linda

**18:00 - 18:55**

*Kick Power*  
Nicole

**19:00 - 19:55**

*Pump*  
Sandra

Mercredi , 31.05

**09:30 - 10:00**

*Senioren Cycling*  
Alexandra

**10:05 - 11:00**

*Rückengymnastik*  
Alexandra

**18:00 - 18:55**

*BBP (Bauch, Beine,  
Po) / Bodytone*  
Katja

**19:15 - 20:10**

*Cycling*  
Julia

Jeudi , 01.06

**06:30 - 07:25**

*Yoga*  
Nina

**09:30 - 10:25**

*Pilates*  
Nicola

**18:00 - 18:55**

*Pump*  
Nicole

**19:05 - 20:00**

*Fitboxe*  
Andrej

Vendredi , 02.06

**10:00 - 10:55**

*Rückengymnastik*  
Liz

**12:05 - 13:00**

*Pump*  
Veronica

**19:00 - 19:55**

*Pilates*  
Eva

Samedi , 03.06

**09:30 - 10:25**

*Yoga*  
Nina

Dimanche , 04.06

**09:30 - 10:25**

*Pump*  
Tatjana