

Lundi , 29.08

09:00 - 09:55

*BBP (Bauch,
 Beine, Po) /
 Bodytone*
 Alexandra

10:05 - 11:00

Yoga
 Alexandra

12:15 - 12:45

P.I.I.T
 Stéphanie

18:00 - 18:55

*BBP (Bauch,
 Beine, Po) /
 Bodytone*
 Vicky

19:05 - 20:00

Zumba
 Andrea

20:10 - 21:05

Power Yoga
 Beatrice

Mardi , 30.08

09:30 - 10:25

Power Yoga
 Michaela

17:30 - 18:00

P.I.I.T
 Stefanie

18:10 - 19:05

Kick Power
 Nicole

19:15 - 20:10

Pump
 Nicole

Mercredi , 31.08

10:00 - 10:55

Rückengymnastik
 Alexandra

Jeudi , 01.09

09:00 - 09:55

Zumba Gold
 Margarita

10:05 - 11:00

Pilates
 Sara

18:00 - 18:55

Pump
 Nicole

19:05 - 20:00

Fitboxe
 Nicole

Vendredi , 02.09

10:00 - 10:55

Rückengymnastik
 Liz

12:05 - 13:00

Pump
 Sandra

19:00 - 19:55

Pilates
 Eva

Samedi , 03.09

09:30 - 10:25

Yoga
 Nadine

Dimanche , 04.09

09:30 - 10:25

Pump
 Nicole