

Lundi , 15.08

09:00 - 09:55

*BBP (Bauch,
 Beine, Po) /
 Bodytone*
 Sandra

10:05 - 11:00

Yoga
 Carmen

12:15 - 12:45

P.I.I.T
 Sandra

18:00 - 18:55

*BBP (Bauch,
 Beine, Po) /
 Bodytone*
 Barbara

19:05 - 20:00

Zumba
 Andrea

20:10 - 21:05

Power Yoga
 Nadine

Mardi , 16.08

09:30 - 10:25

Power Yoga
 Michaela

17:30 - 18:00

P.I.I.T
 Linda

18:10 - 19:05

Kick Power
 Nicole

19:15 - 20:10

Pump
 Nicole

Mercredi , 17.08

10:00 - 10:55

Rückengymnastik
 Carmen

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
 Bodytone*
 Katja

Jeudi , 18.08

09:00 - 09:55

Zumba Gold
 Andrea

10:05 - 11:00

Pilates
 Sara

18:00 - 18:55

Pump
 Nicole

19:05 - 20:00

Fitboxe
 Nicole

Vendredi , 19.08

10:00 - 10:55

Rückengymnastik
 Katja

12:05 - 13:00

Pump
 Claudia

19:00 - 19:55

Pilates
 Eva

Samedi , 20.08

09:30 - 10:25

Yoga
 Michaela

Dimanche , 21.08

09:30 - 10:25

Pump
 Tatjana