

Lundi , 15.05

18:00 - 18:55

Kick Power
Nicole

19:00 - 19:55

Pump
Alisha

Mardi , 16.05

18:00 - 18:30

Simply Core
Tatjana

18:30 - 19:25

Fighttime 55'
Tatjana

19:30 - 20:25

Yoga
Seraina

Mercredi , 17.05

09:00 - 09:55

Yoga
Carmen

12:05 - 12:35

P.I.I.T
Désirée

18:00 - 18:55

Fitboxe
Nicole

19:00 - 19:55

Pump
Sandra

Jeudi , 18.05

Vendredi , 19.05

Samedi , 20.05

Dimanche , 21.05