

Lundi , 08.05

08:00 - 08:55

Yoga
Beatrice

09:15 - 09:45

P.I.I.T
Laura

09:55 - 10:50

Pump
Laura

17:55 - 18:50

Pump
Manuela

19:00 - 19:55

BBP (Bauch, Beine, Po) / Bodytone
Laura

Mardi , 09.05

09:30 - 10:25

Zumba
Angela

17:55 - 18:50

Pump
Morena

19:00 - 19:55

Zumba
Sabina

20:05 - 21:00

Yoga
Beatrice

Mercredi , 10.05

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Fabienne

17:55 - 18:50

BBP (Bauch, Beine, Po) / Bodytone
Manuela

19:00 - 19:55

Pilates
Eva

20:05 - 21:00

Zumba
Sabina

Jeudi , 11.05

09:30 - 10:25

Yoga
Alexandra

18:00 - 18:30

P.I.I.T
Laura

18:30 - 18:55

Simply Core
Laura

19:10 - 20:05

Pump
Laura

Vendredi , 12.05

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Morena

10:15 - 10:45

Simply Core
Morena

12:15 - 13:10

Pump
Manuela

Samedi , 13.05

10:00 - 10:55

BBP (Bauch, Beine, Po) / Bodytone
Morena

Dimanche , 14.05

08:45 - 09:40

Pump
Manuela

10:00 - 10:30

Simply Core
Laura

10:35 - 11:05

Pump i.t.
Laura