

Lundi , 07.11

08:00 - 08:55 Yoga Nadine	09:15 - 09:45 P.I.I.T Laura	09:55 - 10:50 Pump Laura	17:55 - 18:50 Pump Manuela	19:00 - 19:55 BBP (Bauch, Beine, Po) / Bodytone Laura
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Mardi , 08.11

09:30 - 10:25 Zumba Sabina	19:00 - 19:55 Zumba Miriam	20:05 - 21:00 Yoga Nadine
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Mercredi , 09.11

09:15 - 10:10 BBP (Bauch, Beine, Po) / Bodytone Fabienne	17:55 - 18:50 BBP (Bauch, Beine, Po) / Bodytone Manuela	19:00 - 19:55 Pilates Eva	20:05 - 21:00 Zumba Sabina
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Jeudi , 10.11

09:30 - 10:25 Yoga Alexandra	18:00 - 18:30 P.I.I.T Laura	18:30 - 18:55 Simply Core Laura	19:10 - 20:05 Pump Laura
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Vendredi , 11.11

09:15 - 10:10 BBP (Bauch, Beine, Po) / Bodytone Manuela	12:00 - 12:55 Pump Manu
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Samedi , 12.11

10:00 - 10:55 BBP (Bauch, Beine, Po) / Bodytone Nena Nevenka
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Dimanche , 13.11

10:00 - 10:30 Pump i.t. Laura	10:35 - 11:05 Simply Core Laura
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