

Lundi , 12.09

08:00 - 08:55

Yoga
Nadine

09:15 - 09:45

P.I.I.T
Laura

09:55 - 10:50

Pump
Laura

18:15 - 19:10

BBP (Bauch, Beine,
Po) / Bodytone
Annina

19:20 - 20:15

Pump
Manuela

Mardi , 13.09

09:30 - 10:25

Zumba
Angela

17:55 - 18:50

BBP (Bauch, Beine,
Po) / Bodytone
Manuela

19:00 - 19:55

Zumba
Miriam

20:05 - 21:00

Yoga
Nadine

Mercredi , 14.09

09:15 - 10:10

BBP (Bauch, Beine, Po) /
Bodytone
Fabienne

19:00 - 19:55

Pilates
Larissa

20:05 - 21:00

Zumba
Sabina

Jeudi , 15.09

09:30 - 10:25

Yoga
Alexandra

18:00 - 18:25

Simply Core
Laura

18:30 - 19:00

P.I.I.T
Laura

19:10 - 20:05

Pump
Laura

Vendredi , 16.09

09:15 - 10:10

BBP (Bauch, Beine, Po) /
Bodytone
Fabienne

12:00 - 12:55

Pump
Manu

Samedi , 17.09

10:00 - 10:55

BBP (Bauch, Beine, Po) /
Bodytone
Laura

Dimanche , 18.09

10:00 - 10:30

Pump i.t.
Laura

10:35 - 11:05

Simply Core
Laura