

Lundi , 08.08

08:00 - 08:55

Yoga
Nadine

18:15 - 19:10

BBP (Bauch, Beine, Po) /
Bodytone
Viktoria

19:20 - 20:15

Pump
Manuela

Mardi , 09.08

09:30 - 10:25

Zumba
Sabina

17:55 - 18:50

BBP (Bauch, Beine, Po) /
Bodytone
Manuela

20:05 - 21:00

Yoga
Nadine

Mercredi , 10.08

09:15 - 10:10

BBP (Bauch, Beine, Po) /
Bodytone
Manuela

20:05 - 21:00

Zumba
Sabina

Jeudi , 11.08

09:30 - 10:25

Yoga
Carmen

19:10 - 20:05

Pump
Laura

Vendredi , 12.08

09:15 - 10:10

BBP (Bauch, Beine, Po) /
Bodytone
Manuela

Samedi , 13.08

10:00 - 10:55

BBP (Bauch, Beine, Po) /
Bodytone
Manuela

Dimanche , 14.08

10:00 - 10:30

Pump i.t.
Laura

10:35 - 11:05

Simply Core
Laura