

Lundi , 25.07

08:00 - 08:55

Yoga
Nadine

18:15 - 19:10

BBP (Bauch, Beine, Po) /
Bodytone
Viktoria

19:20 - 20:15

Pump
Aaron

Mardi , 26.07

09:30 - 10:25

Zumba
Sabina

17:55 - 18:50

BBP (Bauch, Beine, Po) /
Bodytone
Manuela

20:05 - 21:00

Yoga
Nadine

Mercredi , 27.07

09:15 - 10:10

BBP (Bauch, Beine, Po) /
Bodytone
Manuela

20:05 - 21:00

Zumba
Sabina

Jeudi , 28.07

09:30 - 10:25

Yoga
Alexandra

19:10 - 20:05

Pump
Manuela

Vendredi , 29.07

09:15 - 10:10

BBP (Bauch, Beine, Po) /
Bodytone
Manuela

Samedi , 30.07

10:00 - 10:55

BBP (Bauch, Beine, Po) /
Bodytone
Annina

Dimanche , 31.07

10:00 - 10:30

Pump i.t.
Manuela

10:35 - 11:05

Simply Core
Manuela