

Lundi , 18.07

08:00 - 08:55

Yoga
Nadine

18:15 - 19:10

BBP (Bauch, Beine, Po) /
Bodytone
Annina

19:20 - 20:15

Pump
Laura

Mardi , 19.07

09:30 - 10:25

Zumba
Sabina

17:55 - 18:50

BBP (Bauch, Beine, Po) /
Bodytone
Laura

20:05 - 21:00

Yoga
Nadine

Mercredi , 20.07

09:15 - 10:10

BBP (Bauch, Beine, Po) /
Bodytone
Fabienne

20:05 - 21:00

Zumba
Sabina

Jeudi , 21.07

09:30 - 10:25

Yoga
Katja

19:10 - 20:05

Pump
Laura

Vendredi , 22.07

09:15 - 10:10

BBP (Bauch, Beine, Po) /
Bodytone
Manuela

Samedi , 23.07

10:00 - 10:55

BBP (Bauch, Beine, Po) /
Bodytone
Nena Nevenka

Dimanche , 24.07

10:00 - 10:30

Pump i.t.
Laura

10:35 - 11:05

Simply Core
Laura