

Lundi , 10.07

09:10 - 10:05

Pilates
Isabelle

10:10 - 10:55

Kick Power
Daniela

17:15 - 17:45

P.I.I.T
Daniela

17:55 - 18:50

Step'n Tone
Daniela

19:00 - 19:55

Zumba
Deniz

20:05 - 21:00

Yoga
Vivian

Mardi , 11.07

18:00 - 18:30

P.I.I.T
Daniela

18:35 - 19:30

*BBP (Bauch, Beine, Po) /
Bodytone*
Daniela

Mercredi , 12.07

09:10 - 10:05

Yoga
Neira

18:15 - 18:45

Simply Core
Luana

19:00 - 19:55

Fitboxe
Isabel

Jeudi , 13.07

09:10 - 10:05

Pump
Saskia

18:00 - 18:55

Pump
Nicolle

Vendredi , 14.07

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Saskia

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Saskia

Samedi , 15.07

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Luana

10:15 - 11:10

Upcon
Bianca

Dimanche , 16.07

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Luana