

Lundi , 15.05

09:10 - 10:05

Pilates
Isabelle

10:10 - 10:55

Fitboxe
Isabel

17:15 - 17:45

P.I.I.T
Daniela

17:55 - 18:50

Step'n Tone
Daniela

19:00 - 19:55

Zumba
Deniz

20:05 - 21:00

Yoga
Sabrina

Mardi , 16.05

18:00 - 18:30

P.I.I.T
Daniela

18:35 - 19:30

*BBP (Bauch, Beine, Po) /
Bodytone*
Daniela

19:40 - 20:35

Upcon
Saskia

Mercredi , 17.05

09:10 - 10:05

Yoga
Olga

18:15 - 18:45

Simply Core
Isabel

19:00 - 19:55

Fitboxe
Isabel

Jeudi , 18.05

10:00 - 10:55

Pump
Isabel

Vendredi , 19.05

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Sara

18:00 - 18:55

Step'n Tone
Graziella

Samedi , 20.05

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Luana

10:15 - 11:10

Upcon
Bianca

Dimanche , 21.05

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Graziella