

Lundi , 30.06

12:15 - 12:45

P.I.I.T
Melanie

18:00 - 18:55

Muscle Work
Angelica

19:05 - 20:00

Functional Workout
Angelica

Mardi , 01.07

09:00 - 09:55

Yoga
Laura

12:10 - 13:05

Muscle Work
Graziella

18:00 - 18:55

Pilates
Geneviève

19:05 - 20:00

Functional Workout
Vanessa

Mercredi , 02.07

08:30 - 09:25

BBP (Bauch, Beine, Po) / Bodytone
Angelica

09:50 - 10:45

Rückenfit
Sonja

18:00 - 18:55

Step Intervall
Fabienne

19:05 - 20:00

Yoga
Fabienne

Jeudi , 03.07

09:30 - 10:25

Pilates
Geneviève

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Vanessa

19:05 - 20:00

Muscle Work
Cristian

Vendredi , 04.07

08:30 - 09:00

P.I.I.T
Nicoletta

09:05 - 09:35

Simply Core
Nicoletta

Samedi , 05.07

Dimanche , 06.07

10:00 - 10:55

BBP (Bauch, Beine, Po) / Bodytone
Angelica