

Lundi , 10.04

18:10 - 19:05

Pump
Saskia

Mardi , 11.04

09:00 - 09:55

Yoga
Mariya

10:10 - 11:05

Zumba
Felicia

12:10 - 13:05

Pump
Saskia

18:00 - 18:55

Pilates
Geneviève

19:05 - 20:00

Functional Workout
Natalie

Mercredi , 12.04

08:45 - 09:40

BBP (Bauch, Beine, Po) / Bodytone
Angelica

09:50 - 10:45

Rückenfit
Priska

18:00 - 18:55

Powerstep
Fabienne

19:05 - 20:00

Power Yoga
Fabienne

Jeudi , 13.04

09:30 - 10:25

Pilates
Geneviève

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Natalie

19:05 - 20:00

Pump
Doris

20:10 - 21:05

Zumba
Felicia

Vendredi , 14.04

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Natalie

Samedi , 15.04

Dimanche , 16.04

10:00 - 10:55

BBP (Bauch, Beine, Po) / Bodytone
Graziella