

Lundi , 02.01

12:15 - 12:45

P.I.I.T
Melanie

18:10 - 19:05

Pump
Graziella

19:15 - 20:10

Functional Workout
Nadine

Mardi , 03.01

09:00 - 09:55

Yoga
Bettina

10:10 - 11:05

Zumba
Felicia

12:10 - 13:05

Pump
Florence

18:00 - 18:55

Pilates
Isabelle

19:05 - 20:00

Functional Workout
Vanessa

Mercredi , 04.01

08:45 - 09:40

BBP (Bauch, Beine, Po) / Bodytone
Angelica

09:50 - 10:45

Rückenfit
Priska

18:00 - 18:55

Powerstep
Fabienne

19:05 - 20:00

Power Yoga
Fabienne

Jeudi , 05.01

09:30 - 10:25

Pilates
Isabelle

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Natalie

19:05 - 20:00

Pump
Cristian

20:10 - 21:05

Zumba
Deniz

Vendredi , 06.01

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Lara

Samedi , 07.01

Dimanche , 08.01

10:00 - 10:55

BBP (Bauch, Beine, Po) / Bodytone
Nicole