

Lundi , 03.10

12:15 - 12:45

P.I.I.T
Renate

18:10 - 18:55

Pump
Saskia

19:15 - 20:10

Functional Workout
Nadine

Mardi , 04.10

09:00 - 09:55

Yoga
Olga

10:10 - 11:05

Zumba
Felicia

18:00 - 18:55

Pilates
Geneviève

19:05 - 20:00

Functional Workout
Vanessa

Mercredi , 05.10

08:45 - 09:40

BBP (Bauch, Beine, Po) / Bodytone
Angelica

09:50 - 10:45

Rückenfit
Angelica

18:00 - 18:55

Powerstep
Priska

19:05 - 20:00

Power Yoga
Sandra

Jeudi , 06.10

09:30 - 10:25

Pilates
Geneviève

18:00 - 18:55

Pump
Cristian

Vendredi , 07.10

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Lara

Samedi , 08.10

Dimanche , 09.10

10:00 - 10:55

BBP (Bauch, Beine, Po) / Bodytone
Cynthia