

Lundi , 28.04

08:55 - 09:55

Yoga
Laura

10:05 - 11:00

Upcon
Melanie

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Ariane

19:10 - 20:05

TRX
Graziella

Mardi , 29.04

09:00 - 09:55

Interval Training
Ariane

10:10 - 11:05

Rückenfit
Isabel

18:30 - 19:25

Pump
Petra

Mercredi , 30.04

09:00 - 09:55

Zumba
Sibylle

10:10 - 11:05

Cycling
Hartwig

19:05 - 20:00

Cycling
Barbara

Jeudi , 01.05

10:00 - 11:30

Step'n tone Special
Graziella

Vendredi , 02.05

08:50 - 09:20

P.I.I.T
Melanie

09:30 - 10:00

Simply Core
Melanie

10:10 - 11:05

Rückenfit
Isabel

18:00 - 18:55

Cycling
Stephanie

Samedi , 03.05

10:00 - 10:55

Zumba
Deniz

11:10 - 12:05

BBP (Bauch, Beine, Po) /
Bodytone
Ariane

Dimanche , 04.05

09:30 - 10:25

Cycling
Barbara

10:35 - 11:30

BBP (Bauch, Beine, Po) /
Bodytone
Melanie