

Lundi , 30.12

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Andrea

18:05 - 19:00

Pilates
Astrid

19:15 - 20:10

Zumba
Chiara

20:25 - 21:20

Pump
Ursi

Mardi , 31.12

09:10 - 10:05

Pump Special
Ursi

10:15 - 11:10

Cycling
Tanya

Mercredi , 01.01

Jeudi , 02.01

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Andrea

Vendredi , 03.01

08:30 - 09:25

Over 50
Silvana

09:35 - 10:30

Pilates
Silvana

12:15 - 12:45

P.I.I.T
Claude

17:50 - 18:45

Zumba
Petra

19:00 - 19:55

Cycling
Antonietta

Samedi , 04.01

09:30 - 10:25

Yoga
Nevin

Dimanche , 05.01

09:00 - 09:55

Cycling
Tanya

10:30 - 11:25

Pump
Kurt