

Lundi , 01.05

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Andrea

Mardi , 02.05

09:10 - 10:05

Pump
Ursi

10:15 - 11:10

Cycling
Tanya

18:00 - 18:30

P.I.I.T
Claude

19:00 - 19:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Katalin

20:05 - 21:00

Fitboxe
Marina

Mercredi , 03.05

08:30 - 09:25

Cycling
Brigitta

09:35 - 10:30

Rückenfit
Claudia

17:50 - 18:45

Powerstep
Petra

19:00 - 19:55

Pump
Kurt

20:05 - 21:00

Yoga
Nevin

Jeudi , 04.05

09:30 - 10:25

Zumba
Marion

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Andrea

19:00 - 19:55

Fitboxe
Marina

Vendredi , 05.05

08:30 - 09:25

Over 50
Silvana

09:35 - 10:30

Pilates
Silvana

12:15 - 12:45

P.I.I.T
Claude

17:50 - 18:45

Zumba
Petra

Samedi , 06.05

09:30 - 10:25

Yoga
Nevin

Dimanche , 07.05

10:30 - 11:25

Pump
Kurt