

**Lundi , 06.10**

**09:10 - 10:05**

*Zumba*  
 Melinda

**10:10 - 11:05**

*Fitboxe*  
 Angelika

**10:15 - 11:10**

*Kick Power*  
 Angelika

**18:00 - 18:55**

*BBP (Bauch, Beine,  
 Po) / Bodytone*  
 Jette

**19:00 - 19:55**

*Power Yoga*  
 Sandra

**Mardi , 07.10**

**09:10 - 09:40**

*Pump i.t.*  
 Denise

**09:45 - 10:15**

*P.I.I.T*  
 Denise

**18:00 - 18:55**

*Functional Workout*  
 André

**19:00 - 19:55**

*Pump*  
 Martha

**Mercredi , 08.10**

**09:10 - 10:05**

*Fitboxe*  
 Denise

**09:10 - 10:05**

*Kick Power*  
 Denise

**10:10 - 11:05**

*Pump*  
 Denise

**19:00 - 19:55**

*Zumba*  
 Karina

**Jeudi , 09.10**

**09:00 - 09:55**

*Power Yoga*  
 Bettina

**10:00 - 10:55**

*Pilates*  
 Brigitte

**18:00 - 18:55**

*Step'n Tone*  
 Jette

**19:00 - 19:30**

*Simply Core*  
 Angelika

**Vendredi , 10.10**

**09:10 - 10:05**

*Zumba*  
 Deniz

**10:10 - 11:05**

*Step'n Tone*  
 Brigitte

**Samedi , 11.10**

**Dimanche , 12.10**