

Lundi , 01.09

09:10 - 10:05

Zumba
 Melinda

10:10 - 11:05

Fitboxe
 Angelika

10:15 - 11:10

Kick Power
 Angelika

18:00 - 18:55

*BBP (Bauch, Beine,
 Po) / Bodytone*
 Jette

19:00 - 19:55

Power Yoga
 Sandra

Mardi , 02.09

09:10 - 09:40

Pump i.t.
 Denise

09:45 - 10:15

P.I.I.T
 Denise

18:00 - 18:55

Functional Workout
 André

19:00 - 19:55

Pump
 Martha

Mercredi , 03.09

09:10 - 10:05

Fitboxe
 Denise

09:10 - 10:05

Kick Power
 Denise

10:10 - 11:05

Pump
 Denise

19:00 - 19:55

Zumba
 Karina

Jeudi , 04.09

09:00 - 09:55

Power Yoga
 Bettina

10:00 - 10:55

Pilates
 Brigitte

18:00 - 18:55

Step'n Tone
 Jette

19:00 - 19:30

Simply Core
 Angelika

Vendredi , 05.09

09:10 - 10:05

Zumba
 Deniz

10:10 - 11:05

Step'n Tone
 Brigitte

Samedi , 06.09

Dimanche , 07.09