

Lundi , 03.04

09:10 - 10:05

Zumba
Melinda

10:10 - 11:05

Kick Power
Angelika

10:10 - 11:05

Fitboxe
Angelika

18:00 - 18:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Jette

Mardi , 04.04

09:10 - 09:40

Pump i.t.
Denise

09:45 - 10:15

P.I.I.T
Denise

18:00 - 18:55

Fitboxe
André

19:00 - 19:55

Pump
Martha

Mercredi , 05.04

09:10 - 10:05

Kick Power
Denise

09:10 - 10:05

Fitboxe
Denise

10:10 - 11:05

Pump
Denise

19:00 - 19:55

Zumba
Melinda

Jeudi , 06.04

09:00 - 09:55

Power Yoga
Sandra

10:00 - 10:55

Pilates
Brigitte

Vendredi , 07.04

09:10 - 10:05

Zumba
Deniz

10:10 - 11:05

Yoga
Sandra

Samedi , 08.04

Dimanche , 09.04