

Lundi , 06.03

09:10 - 10:05

Zumba
Melinda

10:10 - 11:05

Kick Power
Angelika

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Jette

Mardi , 07.03

09:10 - 09:40

Pump i.t.
Denise

09:45 - 10:15

P.I.I.T
Denise

18:00 - 18:55

Fitboxe
André

19:00 - 19:55

Pump
Martha

Mercredi , 08.03

09:10 - 10:05

Fitboxe
Denise

10:10 - 11:05

Pump
Denise

19:00 - 19:55

Zumba
Melinda

Jeudi , 09.03

09:00 - 09:55

Power Yoga
Sunethra

10:00 - 10:55

Pilates
Brigitte

Vendredi , 10.03

09:10 - 10:05

Zumba
Deniz

10:05 - 11:00

Step'n Tone
Brigitte

18:30 - 19:25

Power Yoga
Sandra

Samedi , 11.03

Dimanche , 12.03