

Lundi , 10.11

18:00 - 18:55

Pump
Leah

19:15 - 20:10

Pilates
Rocio

Mardi , 11.11

18:00 - 18:30

Simply Core
Rebecca

18:30 - 19:25

Fighttime 55'
Rebecca

Mercredi , 12.11

17:30 - 18:25

Pump
Leah

18:35 - 19:05

P.I.I.T
Leah

Jeudi , 13.11

17:30 - 18:25

Upcon
Leah

18:30 - 19:25

Yoga
Iris

Vendredi , 14.11

Samedi , 15.11

11:00 - 11:55

BBP (Bauch, Beine, Po) /
Bodytone
Irma

Dimanche , 16.11