

Lundi , 13.10

18:00 - 18:55

Pump
Leah

19:15 - 20:10

Pilates
Rocio

Mardi , 14.10

18:00 - 18:30

Simply Core
Rebecca

18:30 - 19:25

Fighttime 55'
Rebecca

Mercredi , 15.10

17:30 - 18:25

Pump
Leah

18:35 - 19:05

P.I.I.T
Leah

Jeudi , 16.10

17:30 - 18:25

Upcon
Leah

18:30 - 19:25

Yoga
Iris

Vendredi , 17.10

Samedi , 18.10

11:00 - 11:55

BBP (Bauch, Beine, Po) /
Bodytone
Irma

Dimanche , 19.10