

Lundi , 25.12

Mardi , 26.12

10:00 - 10:55

Core meets HIIT
Bettina

Mercredi , 27.12

17:30 - 18:25

Pump
Leah

18:35 - 19:05

P.I.I.T
Leah

Jeudi , 28.12

18:30 - 19:25

Yoga
Flavia

Vendredi , 29.12

Samedi , 30.12

11:00 - 11:55

BBP (Bauch, Beine, Po) /
Bodytone
Irma

Dimanche , 31.12