

Lundi , 06.11

18:00 - 18:55

Pump
Nina

Mardi , 07.11

18:30 - 19:00

Simply Core
Bettina

19:00 - 19:55

Functional Workout
Bettina

Mercredi , 08.11

17:30 - 18:25

Pump
Leah

18:35 - 19:05

P.I.I.T
Leah

Jeudi , 09.11

18:30 - 19:25

Yoga
Iris

Vendredi , 10.11

Samedi , 11.11

11:00 - 11:55

BBP (Bauch, Beine, Po) /
Bodytone
Irma

Dimanche , 12.11