

**Lundi , 16.10**

**18:00 - 18:55**

*Pump*  
Nina

**19:00 - 19:55**

*Functional Workout*  
Bettina

**Mardi , 17.10**

**Mercredi , 18.10**

**17:30 - 18:25**

*Pump*  
Leah

**18:35 - 19:05**

*P.I.I.T*  
Leah

**Jeudi , 19.10**

**18:30 - 19:25**

*Yoga*  
Iris

**Vendredi , 20.10**

**Samedi , 21.10**

**11:00 - 11:55**

*BBP (Bauch, Beine, Po) /*  
*Bodytone*  
Irma

**Dimanche , 22.10**