

Lundi , 06.02

18:00 - 18:55

Pump
Nina

Mardi , 07.02

08:30 - 09:25

Power Yoga
Flavia

18:15 - 19:10

Functional Workout
Bettina

18:30 - 19:00

Simply Core
Bettina

Mercredi , 08.02

17:30 - 18:25

Pump
Nina

18:00 - 18:55

Toning
Flavia

18:00 - 18:55

Deep Work
Flavia

Jeudi , 09.02

18:30 - 19:25

Yoga
Iris

Vendredi , 10.02

Samedi , 11.02

11:00 - 11:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Bettina

Dimanche , 12.02