

Lundi , 16.01

18:00 - 18:55

Pump
Nina

Mardi , 17.01

07:30 - 08:25

Power Yoga
Flavia

17:35 - 18:05

Simply Core
Bettina

18:15 - 19:10

Functional Workout
Bettina

Mercredi , 18.01

17:00 - 17:55

Pump
Nina

18:00 - 18:55

Toning
Flavia

19:00 - 19:55

Deep Work
Flavia

Jeudi , 19.01

12:15 - 12:45

P.I.I.T
Bettina

18:30 - 19:25

Yoga
Flavia

Vendredi , 20.01

Samedi , 21.01

11:00 - 11:55

BBP (Bauch, Beine, Po) /
Bodytone
Irma

Dimanche , 22.01