

Lundi , 25.03

09:10 - 10:05

Pump
Claudia

18:05 - 19:00

Zumba
Adriana

19:10 - 20:05

Pilates
Beatriz

Mardi , 26.03

09:10 - 10:05

Yoga
Katrin

18:00 - 18:30

P.I.I.T
Nadine

18:45 - 19:40

BBP (Bauch, Beine, Po) /
Bodytone
Nadine

Mercredi , 27.03

18:15 - 19:10

Pump
Petra

19:30 - 20:25

Power Yoga
Katrin

Jeudi , 28.03

09:10 - 10:05

Zumba
Adriana

18:30 - 19:25

Functional Workout
Nadine

Vendredi , 29.03

Samedi , 30.03

09:30 - 10:00

P.I.I.T
Petra

10:05 - 11:00

Pump
Petra

Dimanche , 31.03

10:00 - 10:55

Step'n tone Special
Nadine