

Lundi , 20.11

09:15 - 10:10

Rückenfit
Marco

18:00 - 18:30

P.I.I.T
Erendita

18:30 - 19:25

Pump
Yvonne

Mardi , 21.11

18:15 - 18:45

Simply Core
Sarina

19:00 - 19:55

Power Yoga
Jasmin R.

Mercredi , 22.11

09:15 - 10:10

Rückenfit
Marco

18:00 - 18:55

Yoga
Annaliese

19:00 - 19:55

BBP (Bauch, Beine, Po) /
Bodytone
Yvonne

Jeudi , 23.11

09:15 - 10:10

BBP (Bauch, Beine, Po) /
Bodytone
Martina

18:00 - 18:55

Pump
Dominic

19:05 - 20:00

Pilates
Yvonne

Vendredi , 24.11

09:15 - 10:10

Pilates
Andrea

Samedi , 25.11

Dimanche , 26.11