

Lundi , 21.08

09:15 - 10:10

Pilates
Eva

18:00 - 18:55

Yoga
Nadine

19:05 - 20:00

Pump
Mariana

Mardi , 22.08

09:30 - 10:25

Zumba
Miriam

12:10 - 12:40

P.I.I.T
Sandra

18:00 - 18:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Sandra

19:05 - 20:00

Fitboxe
Sandra

Mercredi , 23.08

12:15 - 12:45

Upcon
Ajla

17:30 - 18:25

Pilates
Monika

18:35 - 19:30

Pump
Sandra

19:40 - 20:35

Zumba
Andrea

Jeudi , 24.08

09:15 - 10:10

*BBP (Bauch, Beine,
Po) / Bodytone*
Sandra

12:10 - 12:40

P.I.I.T
Sandra

18:00 - 18:30

Upcon
Daniela

18:40 - 19:35

Yoga
Reto

Vendredi , 25.08

09:15 - 10:10

Yoga
Nadine

Samedi , 26.08

Dimanche , 27.08