

Lundi , 07.08

09:15 - 10:10

Pilates
Nicola

18:00 - 18:55

Yoga
Nadine

19:05 - 20:00

Pump
Mariana

Mardi , 08.08

12:10 - 12:40

P.I.I.T
Sandra

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Sandra

19:05 - 20:00

Fitboxe
Sandra

Mercredi , 09.08

12:15 - 12:45

Upcon
Ajla

17:30 - 18:25

Pilates
Sandra

18:35 - 19:30

Pump
Sandra

19:40 - 20:35

Zumba
Andrea

Jeudi , 10.08

09:15 - 10:10

*BBP (Bauch, Beine,
Po) / Bodytone*
Sandra

12:10 - 12:40

P.I.I.T
Sandra

18:00 - 18:30

Upcon
Nadine

18:40 - 19:35

Yoga
Nadine

Vendredi , 11.08

09:15 - 10:10

Yoga
Nadine

Samedi , 12.08

Dimanche , 13.08