

Lundi , 15.05

09:15 - 10:10

Pilates
Eva

18:00 - 18:55

Yoga
Nadine

19:15 - 20:10

Pump
Claudia

Mardi , 16.05

09:30 - 10:25

Zumba
Miriam

12:10 - 12:40

P.I.I.T
Sandra

18:00 - 18:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Sandra

19:05 - 20:00

Fitboxe
Sandra

Mercredi , 17.05

12:15 - 12:45

Upcon
Ajla

17:30 - 18:25

Pilates
Vasiliki

18:35 - 19:30

Pump
Vasiliki

19:40 - 20:35

Zumba
Andrea

Jeudi , 18.05

09:30 - 10:25

Pilates Special
Vasiliki

Vendredi , 19.05

09:15 - 10:10

Yoga
Nadine

Samedi , 20.05

Dimanche , 21.05