

Lundi , 01.05

09:15 - 10:10

Pilates
Nicola

18:00 - 18:55

Yoga
Beatrice

19:05 - 20:00

Pump
Mariana

Mardi , 02.05

09:30 - 10:25

Zumba
Miriam

12:10 - 12:40

P.I.I.T
Sandra

18:00 - 18:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Sandra

19:05 - 20:00

Fitboxe
Sandra

Mercredi , 03.05

12:15 - 12:45

Upcon
Ajla

17:30 - 18:25

Pilates
Vasiliki

18:35 - 19:30

Pump
Nadja

19:40 - 20:35

Zumba
Andrea

Jeudi , 04.05

09:15 - 10:10

*BBP (Bauch, Beine,
Po) / Bodytone*
Sandra

12:10 - 12:40

P.I.I.T
Sandra

18:00 - 18:30

Upcon
Sandra

18:40 - 19:35

Yoga
Seraina

Vendredi , 05.05

09:15 - 10:10

Yoga
Franziska

Samedi , 06.05

Dimanche , 07.05