

Lundi , 24.11

18:00 - 18:55

Bodycombat
Sonia

19:00 - 19:55

Bodybalance
Sonia

Mardi , 25.11

18:15 - 19:10

Core meets HIIT
Sandra

19:15 - 20:10

Functional Workout
Sandra

Mercredi , 26.11

18:00 - 18:55

Zumba
Andrea

19:10 - 20:05

Muscle Work
Anna

Jeudi , 27.11

18:30 - 19:25

Fitboxe
Céline B.

Vendredi , 28.11

18:00 - 18:55

Zumba
Andrea

Samedi , 29.11

Dimanche , 30.11