

Lundi , 10.11

18:00 - 18:55

Bodycombat
Sonia

19:00 - 19:55

Bodybalance
Sonia

Mardi , 11.11

18:15 - 19:10

Core meets HIIT
Sandra

19:15 - 20:10

Functional Workout
Sandra

Mercredi , 12.11

18:00 - 18:55

Zumba
Andrea

19:10 - 20:05

Muscle Work
Anna

Jeudi , 13.11

18:30 - 19:25

Fitboxe
Céline B.

Vendredi , 14.11

18:00 - 18:55

Zumba
Andrea

Samedi , 15.11

Dimanche , 16.11